



Child and Family Centre

May 2026 Program Schedule

Daily Drop-in Programs Stone Road Mall

Offering free play-based activities for children birth to 6 years with their parents, caregivers and families.

For more information:



guelphchc.ca/earlyon

Social Media:



@earlyonguelph



@earlyonguelph

Contact Us:

Stone Road Mall 2nd floor
435 Stone Road W.
Guelph, ON N1G 2X6

☎ 519-821-6638 Option 4

✉ earlyon@guelphchc.ca

| | |
|------------------|--|
| SUNDAY | CLOSED |
| MONDAY | Playtime 9-11 am 11-1 pm 2-4 pm Infant Afternoon 2-4 pm <i>Birth - 8 months</i> All programs cancelled May 18 |
| TUESDAY | Playtime 9-11 am 11-1 pm 2-4 pm 9-11 am and 11-1 pm Playtime cancelled May 19, 26 Infant Afternoon 2-4 pm Infant Afternoon cancelled May 12, 26 <i>9 - 18 months</i> |
| WEDNESDAY | Playtime 9-11 am 11-1 pm 2-4 pm 4-6:30 pm Toddler Afternoon 2-4 pm All programs cancelled May 13 <i>18 - 30 months</i> |
| THURSDAY | Playtime 9-11 am 11-1 pm |
| FRIDAY | Playtime 9-11 am 11-1 pm |
| SATURDAY | Playtime 9-11 am 11-1 pm |



All Drop-in programs are for families and caregivers with children up to 6 years of age (unless otherwise stated) and are offered on a first-come, first-served basis.

Due to the popularity of our Stone Road Mall morning Playtimes, we ask that you attend either 9-11 am or 11-1 pm.



Community Drop-in Programs

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|------------------|--|--|---|
| MONDAY | Intergenerational Playtime May 4, Jun. 1 | St. Joseph's Health Centre 100 Westmount Road | 10 - 11:30 am |
| TUESDAY | Playtime | Puslinch Community Centre 23 Brock Road | 9:30 - 12 pm |
| WEDNESDAY | Playtime | Guelph Civic Museum 52 Norfolk Street <hr/> Auden Community Centre 394 Auden Road | 9:30 - 12 pm Cancelled May 13 10 - 11:30 pm Cancelled May 13, 20 |
| THURSDAY | Outdoor Explorations Join us for this outdoor program where we combine small group activities, walks, and play in a natural setting. | The Arboretum Hales McKay Shelter 250 Arboretum Road | 9:30 - 11 am Cancelled May 14, 28 |
| FRIDAY | Playtime | Main Library 100 Norfolk Street | 9:30 - 12 pm Cancelled May 8, 15 |

Check for last minute cancellations!

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In addition to our EarlyON programs, the Guelph Community Health Centre offers the following programs for children and families!



We Breastfeed and Chestfeed is a peer-led program for pregnant people and parents looking for support with infant feeding. Come to this in-person, weekly drop-in with your breastfeeding questions or challenges and get support from trained peers. Caregivers, support people, and older children are all welcome!

Tuesday
11 - 12:30 pm

Stone Road Mall 2nd Floor
Meridian Community Room



Bounce Back & Thrive!^{OM} (BBT) is a resiliency skills training programme designed to meet the needs of parents (and those in a parenting role) of children under the age of 8.

BBT helps parents navigate everyday stress and challenge and role model these skills in daily interactions with their children helping them and their children to bounce back and thrive. BBT was designed as an adaptation of **Reaching IN...Reaching OUT^{OM} (RIRO)** Resiliency Skills Training Programme for child care and early learning staff and service providers.

In-Person Sessions

When:

Wednesdays
from 2 - 4 pm

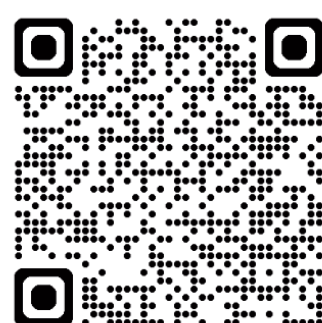
Dates:

June 10, 17, 24
July 8, 15, 22
August 5, 12, 19, 26

Where:

EarlyON Stone Road Mall
435 Stone Road W.
Guelph Ontario

Register here:



Please email earlyon@guelphchc.ca if child-minding is required for children age 1-6 years

 www.wellington.ca/riro



Alternate formats available upon request.



^{OM} Official Mark of The Corporation of the County of Wellington



Pre-registered Programs

Pre-registered programs run as a series for all the dates indicated.

Songs and Storytime

Virtual

Join us for this virtual program where we sing songs, share rhymes, and listen to a story. It's a great way to connect, have fun and build community - all from the comfort of home.

NEW TIME!

Tuesday

10:30 - 11 am

Bounce Back & Thrive!^{OM}



An evidence-based resiliency skills training program for parents and caregivers with children under the age of eight. BBT helps parents navigate everyday stress and challenge and role model these skills in daily interactions with their children helping them and their children to bounce back and thrive.

Wednesday

2 - 4 pm

Jun. 10, 17, 24, Jul. 8, 15, 22, Aug. 5, 12, 19, 26

How to Pre-register

You must have an EarlyON account to pre-register for a program.

Scan QR code to create an account:



Scan QR code to see video instructions to create an account:



Use the link:

ceyd.wellington.ca/childrenservices/en-ca/sign-in

Pre-register for programs:

Scan QR code:



Scan QR code to see video instructions on pre-registering:



Use the link:

<https://ceyd.wellington.ca/childrenservices/en-ca/earlyon/calendar/en-ca/sign-in>