



EarlyON Child and Family Centre Program Schedule

APRIL 2024

Drop-In Programs

All *Drop-In* programs are for families and caregivers with children between birth and 6 years unless otherwise stated.

These programs are offered on a first-come-first-served basis.

Due to the popularity of our Stone Road Mall morning *Playtimes*, we ask that you decide to attend either 9 am—11 am or 11 am—1 pm.

Drop-In programs on **this page** are offered at our **Stone Rd Mall location.**

Check **next page** for our **Drop-In Programs throughout the community.**

WE INVITE YOU TO CONNECT WITH US...

Address

Stone Rd. Mall 2nd floor
435 Stone Road W.
Guelph ON N1G 2X6

Office Hours

Monday to Friday
9:00am to 1:00pm
and
2:00pm to 4:00pm

Call

519-821-6638 Option 4

Email

earlyon@guelpchc.ca

Website

<https://guelpchc.ca/families-and-children/early-years-centre/>

Facebook

<https://www.facebook.com/EarlyONGuelph>

WE WELCOME YOUR FEEDBACK

WE OFFER FREE PLAY-BASED ACTIVITIES FOR CHILDREN BIRTH TO SIX YEARS AND THEIR PARENTS AND CAREGIVERS



Day	Program	Time
Sunday	Closed	
Monday	Playtime	9:00 am-11:00 am
	Playtime	11:00 am-1:00 pm
	Infant Afternoon Birth up to 8 months	2:00 pm-4:00 pm
	Playtime Half children's playroom	2:00 pm-4:00 pm
Tuesday	Playtime	9:00 am-11:00 am
	Tuesday Morning Playtimes at Stone Rd. Mall are cancelled for the months of April, May, and June.	
	Infant Afternoon 9 months up to 18 months	2:00 pm-4:00 pm
	Playtime Half children's playroom	2:00 pm-4:00 pm
Wednesday	Playtime	9:00 am-11:00 am
	Playtime	11:00 am-1:00 pm
	Playtime	2:30 pm-4:30 pm
	Playtime	4:30 pm-6:30 pm
Thursday	Playtime	9:00 am-11:00 am
	Playtime	11:00 am-1:00 pm
	Playtime	2:30 pm-4:30 pm
Friday	Playtime	9:00 am-11:00 am
	Playtime	11:00 am-1:00 pm
Saturday	Playtime	9:00 am-11:00 am
	Playtime	11:00 am-1:00 pm

Community Drop-In Programs

Community Drop-In Programs

All *Drop-In* programs are for families and caregivers with children between birth and 6 years unless otherwise stated.

These programs are offered on a first-come-first-served basis.

Day	Program	Location	Time
Monday	Playtime	Westminster Square Library Branch #100—31 Farley Dr.	9:30 am-12:00 noon Cancelled Apr 1 and 8
Tuesday	Playtime	Puslinch Community Centre 23 Brock Rd. S.	9:30 am-12:00 noon
	Playtime	Westminster Square Library Branch #100—31 Farley Dr.	9:30 am-12:00 noon
Wednesday	Playtime	Guelph Civic Museum 52 Norfolk St.	9:30 am-12:00 noon Cancelled Apr 3
	Playtime	East Side Library Branch 1 Starwood Dr.	9:30 am-12:00 noon Cancelled Apr 10
Thursday	Playtime	Westminster Square Library Branch #100—31 Farley Dr.	9:30 am-12:00 noon Cancelled Apr 4
	Playtime	Puslinch Community Centre 23 Brock Rd. S.	9:30 am-12:00 noon Cancelled Apr 4 and 11
	Walk	The Arboretum Use the entrance off College Ave., nearest to Victoria Rd. Meet in the large parking lot on the left, near the Arboretum Centre.	3:00 pm-3:45 pm
Friday	Playtime	East Side Library Branch 1 Starwood Dr.	9:30 am-12:00 noon Cancelled Apr 5
	Playtime	Main Library Branch 100 Norfolk St.	9:30 am-12:00 noon Cancelled Apr 12

Additional Drop-In Program

We Breastfeed and Chestfeed Drop-In Program



We Breastfeed and Chestfeed is a peer-led program for pregnant people and parents looking for support for infant feeding. Come to this in-person, weekly drop-in with your breastfeeding questions or challenges and get support from trained peers. Caregivers, support people, and older children are welcome!

Tuesdays

11:00 am-12:30pm
EarlyON, Child & Family Centre
Stone Road Mall 2nd Floor

Registered Adult Programs

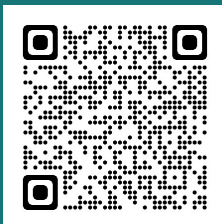
To Register

Sign Up Before the Program Start Date

Drop in at the EarlyON Child and Family Centre
Or call 519-821-6638 Option 4
Or email us at earlyon@guelphchc.ca

Registered programs are available
as a series,
for all the dates indicated.

Program	Day and Dates	Time
Supporting the Transition to Kindergarten <u>For children starting school in September</u> Preparing to begin school is an exciting time and a great opportunity for children and parents to learn together. Join this play-based program where we explore the fundamentals. There are a limited number of spots available for younger siblings.	Series 1 Tuesdays <u>April 9, 16, 23, and 30</u>	9:30am to 12:00 noon
	Series 2 Tuesdays <u>May 7, 14, 21, and 28</u>	9:30am to 12:00 noon
	Series 3 Tuesdays <u>June 4, 11, 18, and 25</u>	9:30am to 12:00 noon
Infant Massage <u>Birth up to 9 months</u> Infant Massage connects you deeply with your baby. It helps you to understand your baby and respond with love and respectful listening. You and your child will love the special time together!	Wednesdays <u>May 8, 15, 22, 29, and June 5</u>	2:00 pm to 3:15 pm
Baby Basics <u>Birth to 6 months</u> Explore your questions and expectations during the first 6 months of parenting. Topics include child development, parenting, attachment, sleep, postpartum mood disorder, and nutrition.	Thursdays <u>April 18, 25, May 2, 9, and 16</u>	2:00 pm to 3:30 pm



Check our Facebook page for last minute program cancellations.

<https://www.facebook.com/EarlyONGuelph>

Virtual Drop-In Children's Programs

Program links are on our Facebook event page visible before program start time.

<https://www.facebook.com/EarlyONGuelph>

Program	Day	Time
Virtual Storytime Our Facilitator will read together with families in an interactive and fun session.	Tuesday	3:00 pm-3:30 pm Cancelled Apr 2
Virtual Time to Sing Join us for this virtual program where we sing songs and rhymes, and have time to chat with each other	Wednesday	2:00 pm-2:30 pm