



Child and Family Centre

WE INVITE YOU TO CONNECT WITH US...

Address

Stone Rd. Mall 2nd floor
435 Stone Road W.
Guelph ON N1G 2X6

Office Hours

Closed At This Time
Due to Covid-19 Concerns

Call

519-821-6638 Option 4

Email

earlyon@guelpchc.ca

Website

guelpchc.ca

Facebook

<https://www.facebook.com/EarlyONGuelph>

WE WELCOME YOUR FEEDBACK

WE OFFER FREE PLAY-BASED ACTIVITIES FOR CHILDREN BIRTH TO SIX YEARS AND THEIR PARENTS AND CAREGIVERS



EarlyON Child and Family Centre Program Schedule DECEMBER 2021

We have made the decision to change our Single Family Visits booking procedure.

In order to allow families who have not been able to book a *Single Family Visit*, we will have all play time spots between January 1 and March 31 2022 open and available to be booked beginning:

Thursday November 25 at 9:00am

Email: earlyonbooking@guelpchc.ca Or Call: 519-821-6638 Option 4

Virtual Drop-In Children Programs

Day	Time	Program
Program Note All virtual programs have time after the activity for facilitators to discuss your parenting questions and concerns.		
Mondays	9:30 - 10:00am	Time to Sing <u>Birth to 6 years</u> Join us for this virtual program where we sing songs and rhymes, and have time to chat with each other. Click here to join the meeting
Tuesdays	10:00-10:30am	Storytime <u>Birth to 6 years</u> Our EarlyON facilitator will read together with families in an interactive and fun session. Click here to join the meeting
Wednesdays	10:00-10:30am	Infant Circle <u>Birth to 18 months</u> Uniquely designed for your infant, join us for this fun selection of lap baby songs, finger plays and stories. Click here to join the meeting
Wednesdays	7:00 - 7:30 pm	Sleepy Wednesdays <u>Birth to 6 years</u> Come and read bedtime stories and sing bedtime songs with our EarlyON facilitator. Click here to join the meeting
Thursdays	9:30 - 10:00am	Time to Sing <u>Birth to 6 years</u> Join us for this virtual program where we sing songs and rhymes, and have time to chat with each other. Click here to join the meeting

Join Our Drop-In Programs

Visit our website: guelpchc.ca

Click on the active link of the program you would like to join.

Facebook: <https://www.facebook.com/EarlyONGuelph/> Program link available on event page for each program. Links will be visible shortly before the program is scheduled to begin.

Email us at earlyon@guelpchc.ca

We will send you the *Program Schedule* with embedded links to programs.

Registered Programs

To Register

Sign Up Anytime Before the Program Start Date

Email earlyon@quephchc.ca or Call 519-821-6638 Option 4

Registered In-Person Programs

Program	Day and Dates	Time
Stroller Walk by the River <u>Birth - 6 years</u> Build your parenting community, meet other parents. Cancelled if rain at 9:00am.	Mondays December 6, 13, and 20	10:00am - 10:45am
Books and Balls <u>Able to Walk - 6 years</u> Let's read, play with balls and do lots of fun activities in the park	Fridays Dec 3, 10, 17	10:00am - 10:45am

Save the Dates

Raising Competent Eaters



January 19	Introduction to Solids
January 26	Make Your Own Baby Food
February 2	Raise a Healthy Eater

For Parents with children ages 1 to 5 years

Wednesdays 1:00 pm to 2:30 pm

Have You Heard About Our In-Person Services?

We offer **Single Family Visits** to the Playroom at our Stone Road Mall Site. These 1 hour visits are scheduled throughout the week including weekend and evening times!

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We also offer **Outdoors** programs in parks and trails in the city. These programs include *Walks* where children are walking, in strollers, or being worn by the parent or caregiver.

Another *Outdoor* program choice:

Scavenger Hunt Along the River Each child will receive a printed scavenger hunt invitation on the trail. Bring a basket or bag for your child to collect some nature items.

To Access In-Person **Single Family Visit** or **Outdoors** Services
Email: earlyonbooking@quephchc.ca Or Call: **519-821-6638 Option 4**