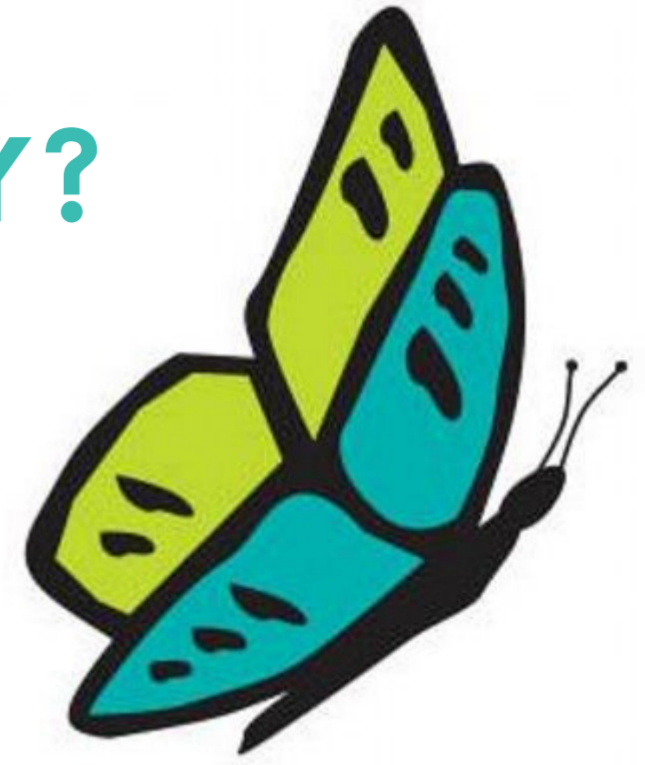


**ARE YOU EXPLORING
YOUR GENDER IDENTITY?**



gender journeys

Join a free 8-week program that explores gender identity starting on Tuesday, October 10th at Guelph Community Health Centre.

This group will provide reliable, up to date information about the process of transitioning. Some of the topics include exploring your sense of self, self acceptance, celebrating your true self, coming out to family and friends, dealing with discrimination, self esteem and meeting others like you.

**WANT TO LEARN MORE?
JOIN US FOR OUR INFORMATION SESSIONS!**

**TUESDAY SEPT 12TH &
TUESDAY SEPT 26TH
6-8PM AT THE GUELPH CHC**

*Gender Journeys is held at the Guelph Community Health Centre,
176 Wyndham Street North, Guelph, ON*

for more information please contact:
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Tel: 519-821-6638, x394 jklotz@guelphchc.ca