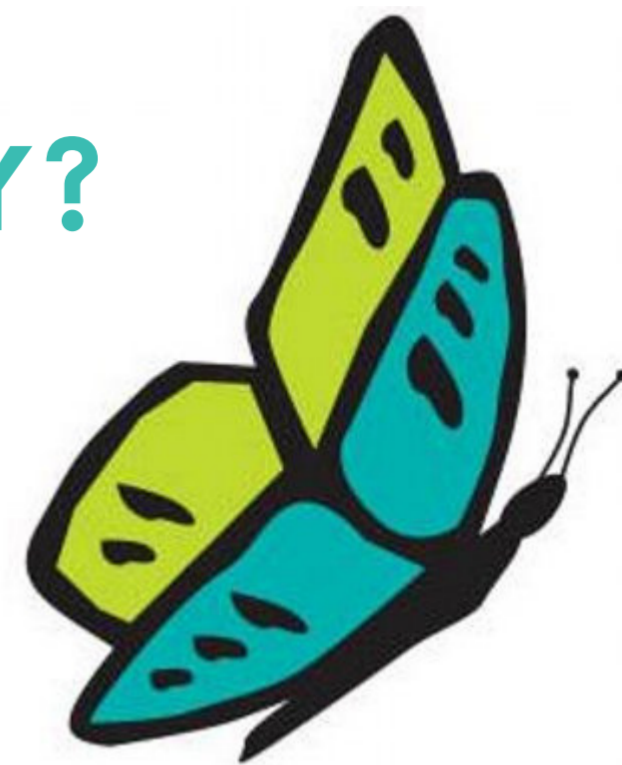


**ARE YOU EXPLORING  
YOUR GENDER IDENTITY?**

# gender journeys



Join us as Gender Journeys, a free 10-week program that explores gender identity, returns this fall at the Guelph Community Health Centre.

This group will provide reliable, up to date information about the process of transitioning led by trans people from our community. Some of the topics include exploring your sense of self, self acceptance, celebrating your true self, coming out to family and friends, dealing with discrimination, self esteem and meeting others like you.

To register, visit us online or register directly at  
[Eventbrite.ca](https://www.eventbrite.ca)

**TUESDAYS 6-8PM  
SEPTEMBER 25 - NOVEMBER 27**

*Gender Journeys is held at the Guelph Community Health Centre,  
176 Wyndham Street North, Guelph, ON*

for more information please contact:  
Jan Klotz, Client Care Supervisor  
Tel: 519-821-6638, x394 [jklotz@guelphchc.ca](mailto:jklotz@guelphchc.ca)