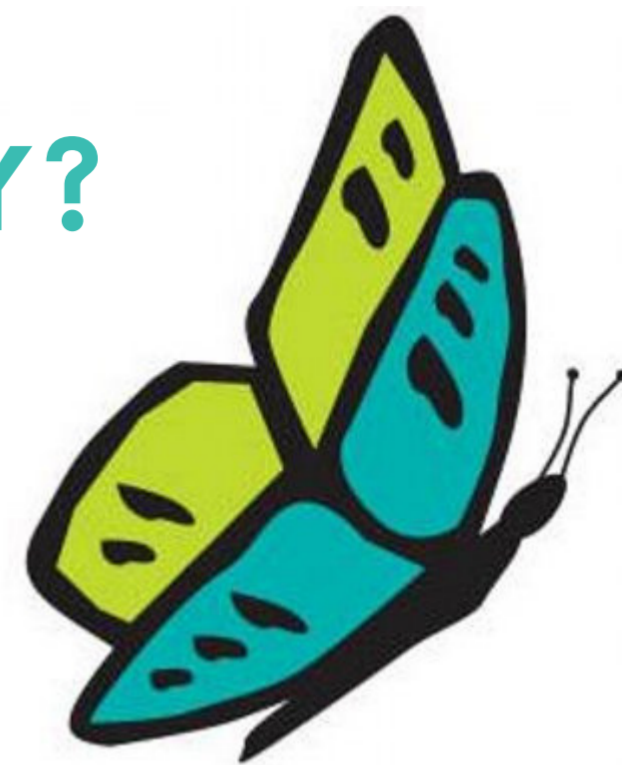


**ARE YOU EXPLORING
YOUR GENDER IDENTITY?**

gender journeys



Join a free 10-week program that explores gender identity starting on Tuesday, January 16th at Guelph Community Health Centre.

This group will provide reliable, up to date information about the process of transitioning. Some of the topics include exploring your sense of self, self acceptance, celebrating your true self, coming out to family and friends, dealing with discrimination, self esteem and meeting others like you.

**WANT TO LEARN MORE?
JOIN US FOR OUR INFORMATION SESSIONS!**

**OPEN HOUSE
TUESDAY, SEPTEMBER 18TH,
6 - 7 PM AT THE GUELPH CHC**

*Gender Journeys is held at the Guelph Community Health Centre,
176 Wyndham Street North, Guelph, ON*

for more information please contact:
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