

WE INVITE YOU TO CONNECT WITH US...

In Person
Stone Rd. Mall 2nd floor
435 Stone Road W.

Office Hours Monday-Friday 9am-4:30pm Saturday 9:30am-1pm

Call 519-821-6638 Option 4

Email earlyon@guelphchc.ca

<u>Website</u> guelphchc.ca/familiesandchildren

Facebook
Family and Children's
Programs-Guelph
Community Health

Centre

WE WELCOME YOUR FEEDBACK

WE OFFER FREE
PLAY-BASED
ACTIVITIES FOR
CHILDREN BIRTH TO
SIX YEARS AND
THEIR PARENTS
AND CAREGIVERS



EarlyON Child and Family Centre Play Schedule

SEPTEMBER TO DECEMBER 2019

DROP-INS

Programs at Stone Rd. Mall Unless Specified

Day	Program	Time					
Sunday	Closed						
Monday	Speed River Stroller Walk September 9-October 7 Royal City Park Meet at the Gazebo Cancellations Posted on Facebook by 8:30am	9:30 am-11:00 am					
->>	Parent Support	1:00 pm-2:00 pm					
NEW	Playtime	2:00 pm-4:30 pm					
Tuesday	Playtime	9:15 am-12:15 pm					
	Aberfoyle Playtime Puslinch Community Centre 23 Brock Road South	9:30 am-11:30 am					
	Parent Support	1:00 pm-2:00 pm					
	Infant Afternoons Birth up to 8 Months	2:00 pm-4:00 pm					
	Playtime	2:00 pm-4:30 pm					
Wednesday	Playtime	9:15 am-12:15 pm					
	Downtown Playtime Guelph Civic Museum 2nd floor 52 Norfolk St.	9:30 am-11:30 am					
	Parent Support	1:00 pm-2:00 pm					
	Infant Afternoons 9 months to 18 Months	2:00 pm-4:00 pm					
	Playtime	2:00 pm-4:30 pm					
Thursday	Playtime Half Room	9:15 am-12:15 pm					
	Parent Support	1:00 pm-2:00 pm					
	Playtime	2:00 pm-7:00 pm					
Friday	Playtime	9:15 am-12:15 pm					
	Parent Support	1:00 pm-2:00 pm					
Saturday	Playtime	9:30 am-1:00 pm					
5 Children Maximum per Adult for Drop-In Programs							



Fire Station Tours

2-6 years olds

Tuesday
September 24
10am to 11am

Tuesday
November 12
10am to 11am

Main Fire Station 50 Wyndham St. S.

Please Call to Register Your Child

519-821-6638 Option 4

Registered Programs

To Register

Sign Up Before the Program Start Date

Drop In at the EarlyON Child and Family Centre Stone Road Mall

Or Call 519-821-6638 Option 4

Registered Children's Programs

Program	Day	Dates	Time	Location
Infant Massage	Tuesdays	Sept 3-24	10:00am-11:15am	Stone Rd Mall
Birth to Pre-Crawling		Oct 8-29		
		Nov 5-Dec 3 No Class Nov 19		
	Wednesdays	Sept 4-Oct 2 Nov 6-Dec 4	1:00pm-2:15pm	Guelph Library East Side Branch 1 Starwood Dr.

For children to attend with their parents or caregivers

Registered Parent Support Programs

For parents and caregivers to attend

Babies in arms are welcome

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Program	Day	Dates	Time	Location
Bounce Back and Thrive	Mondays	Sept 16-Nov25	9:30am-11:30am	Stone Rd Mall
Resiliency Skills Training That Helps Parents Build their Capacity		No class Oct 14		
in Their Interactions with Their Children				
Child Care is Provided				
Baby Basics Birth to 4 Months	Wednesdays	Oct 2-30	10am-11:30am	Stone Rd Mall
Explore Your Questions About		Nov 13-Dec 11		
the First 6 Months of Parenting				
Raising Competent Eaters	Wednesdays		2:00pm-3:30pm	Stone Rd Mall
Introduction to Solids		Sept 11		
Make Your Own Baby Food		18		
Raise a Healthy Eater		25		
Circle of Security®	Thursdays	Oct 3-Nov 21	6:30pm-8:00pm	Stone Rd Mall
In This 8 Week Course, Explore the Question: Why Does My Child Behave This Way?				

Check Our Facebook Page for Last Minute Cancellations!

Family and Children's Programs-Guelph Community Health Centre

SPECIAL EVENTS

Join Us for the Fun! No Need to Register in Advance—Just Drop In



Hallowe'en Party

Wednesday October 30

9:15am-12:15pm Stone Road Mall

Holiday Celebration

Thursday December 5

4:30pm-7:00pm Stone Road Mall

