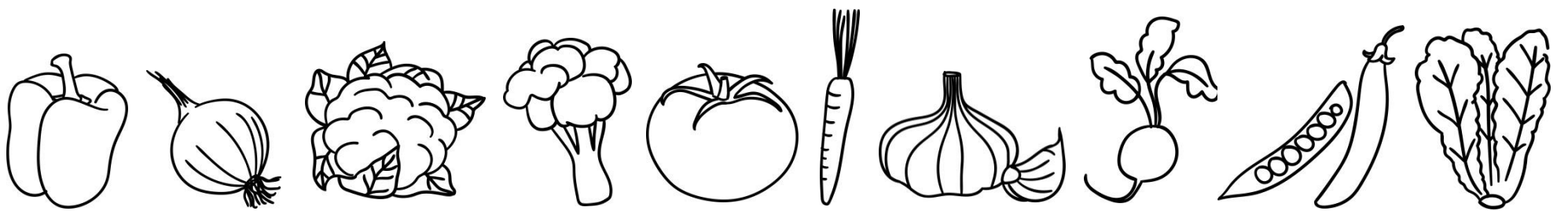




## A WEEKLY AFFORDABLE FRESH FOOD MARKET

- Sliding scale prices
- Free coffee + tea
- Friendly atmosphere
- Kitchen activities



EVERY TUESDAY STARTING JULY 25TH, 3-7 PM


Guelph Community Health Centre Downtown  
Downstairs Atrium, 176 Wyndham St N, Guelph



 The Seed Community Food

 @seedguelph

 theseed@guelphchc.ca

 [www.theseedguelph.ca/cfm](http://www.theseedguelph.ca/cfm)

If you are interested in knowing more, volunteering, or helping us distribute flyers, please contact Becca Clayton ([rclayton@guelphchc.ca](mailto:rclayton@guelphchc.ca); 519-821-6638 x309)

EVERYONE WELCOME!